

ABSTRACT OF THE INVENTION

Compositions and methods for cleaning contact lenses employing nonionic surfactants having HLBs greater than about 18 with the nonionic surfactant having a greater HLB present in an amount about twice that of the nonionic surfactant having a lower HLB, and provided in an amount effective to reduce the amount of lipids on the contact lenses, thus rendering the contact lenses easier to clean. Additionally, by soaking contact lenses in the composition prior to inserting the lens on the eye, the compositions provide a prophylactic effect in preventing lipid deposition while the contact lens is worn.